



Wisdom Love Healing
Sanctuary of the silent healing power

Newsletter: January 2009

Dr Murdo MacDonald-Bayne M.C., Ph.D., D.D.



Dr Mac is the founder of the College of Universal science, and was told and inspired to set up the Sanctuary of the Silent Healing Power on earth. Dr Mac was born in Scotland in 1887, and served in the Great War (WW1), where he was awarded the Military Cross for bravery. He speaks from his practical experiences, having traveled the world several times healing thousands of people of all kinds of diseases. Dr Mac studied and gained knowledge from Great Masters in the Tibetan Himalayas, where he received enlightenment essential for his work. Dr Mac received Doctorates in both philosophy and Divinity.

Dr Mac resided in South Africa from the mid 1930's onwards, staying initially in Cape Town and then moving to Johannesburg where he gave weekly lectures in Johannesburg and Pretoria. During a visit to England he passed over suddenly in London in February 1955. His books and teachings have a powerful inspirational and healing influence on those who seek Truth.

Dr Mac says, "To know this Truth of our "Being" enables us to perform every transaction according to the nature that will bring forth right conditions in Life. Therefore we can tell the result of any action that is based upon a true foundation. Happiness, success and good health do not just happen, they are not accidents, they are the working of the natural Law which all must discover to be able to co-operate. This Law exists for mankind, for the happiness of all people, for perfect health, for an abundance of all our needs."

The Sanctuary of the Silent Healing Power

The Sanctuary of the Silent Healing Power is directed by the Solar Angels from within the great Spiritual Centre above the Mighty Himalayas. These Angels are in direct communication with our earth plain, and with them thousands of eager spiritual workers are eager to help in the process of healing those that need Healing, Love, and Spiritual Support in their Lives.

The most potent time to tune into the Sanctuary is at 12 noon when the sun is at its highest, and to some extent every 3 hours after and before that.

Please hold thoughts of goodwill as you enter the Sanctuary. For those wishing to receive healing and Spiritual support from the Sanctuary please send letters to the Sanctuary directly, or complete Healing Register on the Sanctuary **Website:** (www.drmac.co.za). **Postal address:** 9 Pearson Road, Everton, KwaZulu-Natal, SouthAfrica, 3610

The Blessing of the Angel of Light is upon the work of the Sanctuary of the Silent Healing Power.

Dr Mac is called to meet Masters in Tibet

For many years I have been an earnest worker and a student of the Inner Teachings, healing the sick and teaching what I knew of the truth all over the world, and I have met with a very large measure of success. For this I alone was not wholly responsible – as I now know – having been spiritually helped and guided throughout all these years of probation.

It was not until one night when a mysterious Visitor appeared to me that I knew what my real mission was. He spoke these words: "I have been with you a long time but you knew it not. But now the time has come for me to make myself known to you. I will guide you to the Himalayas in Tibet, where you shall receive instructions for your real mission. Many are called but few are chosen; are you prepared to leave all and follow me? Fear not, for the world will rejoice – the message you will bear will take away the confusion from the minds of the people; and those who will hear you are my people. I will be by your side and your



strength shall not fail, for whom God has chosen He shall sustain." Then he took his departure as silently as he had come.

From that time on I was directed step by step to the great Himalayas in Tibet; and there in the hidden recesses of the majestic snow-clad mountains, where the atmosphere is so clear and the vibrations so pure that heaven opens on to the earth, in that glorious state where heaven and earth are as one, I was instructed what to do and where to go. Some of the training that I received included sitting in meditation for a week at a time without food and liquid. The training was purposeful, and my aid in developing my ability to allow Great Masters to communicate and speak unhindered through using my consciousness and brain as a sounding board. I, myself, make no claim; I am just a voice in the wilderness calling to the sons and daughters of God to harken unto the Truth. For this I was told I was born.



Harry Knowles – Original Student

Harry Knowles is an original student of Dr Mac's in South Africa, and since 1955 (Dr Mac's passing) Harry has continued in

sharing these wonderful Truths to those that are ready to receive.

Harry is a masterful speaker on the teachings of Truth of Being, and any one who has the opportunity to listen to him speak certainly will be richer for it. Harry is now a grand 94 years in age, and has lived with the knowledge of the teachings in Truth since he was in his early forty's when he and his mother used to attend to Dr Mac's lectures in Johannesburg and Pretoria.

Harry says that Dr Mac made no personal claim to the teachings, but he was very strict in whom he allowed into the lectures. "Those of us that were invited (so to speak) to attend these lectures felt very privileged indeed". Dr Mac first interviewed

people that wished to listen to his talks to establish that they were ready to receive this message of the Masters.

Harry says the message is a simple one. He says, "IT IS simple, because it is just so, and we fail to see the Truth because it is seemingly too simple. We are the expression of the Father in finite form on the earth, and when we express the will of our Father (without the clutter of the outside world) we draw His wisdom, peace and harmony into our lives. God's Laws are Perfect Laws. When we violate them we punish ourselves. When we express the will of the Father he protects and guides our living and being, and wondrous joys does he have in store for us that love Him".

Understand that you are a spark of the Divine Flame, a drop out of the ocean of Spirit; that you are a being, growing, developing, unfolding, moving forward to a great goal. You soul is evolving and returning home to its great Majesty and Power.

Harry's message and Dr Mac's message are the same, Return to Nature. Allow the great Life to flow freely through you. Let the Power do its work for you.

All it asks for is confidence. You will find that, within you, you have the power and the plan that have been placed there by the creator. By placing your will in contact with the Creator, your will and His will become one: and great will be your reward. Have a true understanding of Nature and allow the Divine Principle to manifest through you. Live the natural life, eat natural food, breathe properly, think thoughts of joy and love, and your temple will be complete. Our happiness and misery are of our own making.

When the Soul is ready the Master appears, and those who are ready will hear and know the Master's voice proclaiming all nations one nation, all peoples one people, all life one life; one tree with many branches, but the same Life in all: One in all and all in One.

He who lives in Truth

He who lives in Truth is not afraid to proclaim the Truth. He is strong, he is full of optimism. He looks for the bright side in all things. In the darkest corners he makes the sun shine. He walks through life with a smile. He sings the song of joy. His faith is in the Absolute who lives in and through him. He carries a message of hope and courage and loves all life. He gives help where and when it is needed. He helps others to help themselves. He is free from fear and worry, always forgiving, always tolerant. He is devoid of hate, envy and malice. He radiates love to all the world and minds his own business and expects others to do the same. He goes joyfully through life, things that drive others to despair and misery leave him in a calm undisturbed state of mind. His peace comes from within. He is like the ocean which receives all streams and rivers yet the ocean's mighty calm is unmoved. Those who contact him feel his presence and receive encouragement.

He attracts love and friends; not that he desires them, because he does not depend on people and things, but these things come to him as his right. He acknowledges the Law and the Law responds. He is at home with all classes of people, the rich and the poor are all alike to him. He does not favour one more than the other; he is not interested in what they have. All are equally at home with him. He is welcome in all homes, and children cling to his hands and coat.

He loves life and life responds. Sinner and saint are the same to him; he sees the good in the sinner and does not look for a weakness in the saint. He knows that he himself is not without sin and so he never casts the stone. The outcast recognizes him as a brother. The woman who has passed through the furnace of life trusts him. He gives of his love and wisdom and points the way to happiness.

He heals the heart and relieves the troubled mind. God never holds His love from His most disobedient child; neither does he hold that love of God from his brother or sister. He neither pities nor condemns because he knows all are conquerors if they will to conquer. He finds joy in his work; he never hurries nor can he be rushed. He knows that time does not control him, he is attuned to the eternal.

He has absolute faith in the absolute power of which he has become aware. He knows he is one with all life, and behind him is the power of the universe. He believes in the all good. Divine justice is his key to all situations; He is simple, loving and kind. He recognizes that to attain wisdom one must be humble and when wisdom is mastered one must be humbler still. He is the future's promise of a better world to come.

You can join in this promise too, open yourself, do not resist; receive the true blessing of wisdom and understanding, thorough your love and services to others. Then you will become as He who knows.



Testimonial

A fellow student and Author of *The Soul is Returning Home*, Theodore Eckhart

Many years ago, when I was a teenager, I was desperately looking for an answer to my condition. I was suffering from deep depression and anxiety to the point I had a severe breakdown and no where to turn but to the traditional mental health route. This proved to be worse than the former condition because I was placed on high doses of psychiatric drugs which greatly intensified the condition. Storms of repressed emotions would try to seek escape by rising to the conscious level, but the preventative effect of the drugs hermetically sealed these feelings, causing me to sometimes run down the street in a panic state until the vibration subsided to some degree. These horrific episodes went on for a few years, and how I suffered!

Finally, one night while in my mother's restaurant, the answer came. We were arguing back and forth on some personal matter. I shouted at her, saying "And that's the truth!!"

And she grabbed a little red book from behind the counter and graciously handed it to me. She said with straight forward concern, "No, *this is the Truth.*" My first thought was...a book?? I was somewhat perplexed but knew she was giving me something to help me as she

was an avid reader of great metaphysical books. My attitude warmed to her and I accepted the book willingly, though all other books she gave me up to that point did little to help me. It was a copy of Dr. MacDonald-Bayne's book, *The Higher Power You Can Use.*

Within days as I read the book I became inspired by his words, I began to heal, I began to change. So rapidly was this change that it was nearly overwhelming. My body would go through cathartic weeping spells due to repressed emotions that were now systematically being released, emotions that I, in my ignorance, thought as a "man" were to be repressed and not spoken about.

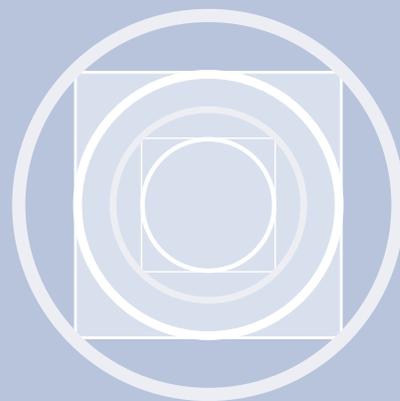
I now welcomed this healing process with great gratitude and relief. My body would sometimes go through profuse sweating spells until my shirt was soaked as the poisons from the accumulated drugs were being eliminated from the pores of my skin. Intuitively I was told to wean off these drugs slowly, so I would take out a given amount of the drug, close up the capsule and swallow it. This was unheard of in those days, and so it took strong faith. I decreased the amount until I was weaned off them entirely.

In the meantime, I was beginning to experience such joy and freedom as these layers of tension kept leaving me. Day by day, the joy and inspiration and healing kept flowing from out of my soul. I went to work literally singing and with such energy, focus and enthusiasm I could have easily worked a 12 hour shift and still be energized. My body took on a different appearance, a lovelier person, a calm easy to reach peaceful person, a seeking inspired person. Sometimes the joy was so intense, and so continuous that I wondered about it. I could not shut it off... this healing power kept

flowing from me for months! I could write a book on the many transformational experiences I went through during this lofty period of healing. And I contribute this Healing Power greatly (if not entirely) --- enabling me to go from patient to prophet, so to speak--- to the Invisible Dr. Mac. I know he was helping me; it became obvious to me, and the change obvious to others, though so few knew the reason why.

Later on, as I desired to thank him, I learned that he had left the earth quite some time before, that he was not in the physical body when I was reading his book. This meant to me that he had gained further power to heal, that his invisible help and influence was alive and potent and guiding me through uncharted waters. Wonderfully surprising was that I connected to him on a mental level; I did what I could do and he (through the Power of God) evoked my Real Self which is perfect and did the rest...the real work of Healing.

And so I hope that you too can read Dr. Mac's books and thereby contact his influence and power... through seeking the real Truth of Being. In the book *Beyond The Himalayas* there is this quote by him: "It is true that one finds what one is seeking." May you find It, the everlasting immortal Life that exists within you NOW.



Your Purpose

By Dr M. MacDonald-Bayne, M.C., Ph.D., D.D.

Extract from Vol. 1-No.4 the March 1940 edition of monthly NZ Magazine "THE VOICE": of the Great White Brotherhood.

When you have a purpose to fulfil, you must lose your ego in that purpose. Then your purpose will live. Most people who put their ego first and their purpose last, lack foresight; for they will soon be forgotten. What they seek is like the will-o-the-wisp, illusive and transitory. We must live for our purpose if we ourselves desire remembrance, for man shall only be remembered if the purpose he stood for is established.

Egotism leads to greed, selfishness, and lust for power, which in itself is destructive to mankind and turns men into beasts instead of spiritual beings, with the result that whole nations are turned into gigantic lunatic asylums.

Burns, Scotland's immortal poet, said: "Man's Inhumanity to Man makes countless thousands mourn." How true this is today; but there will be an end to all this cruelty, destruction, and death, caused by this lust for gold, power and conquest, which after all is but an empty husk.

The purpose for which Christ stood, and for which He stands today is about to be fulfilled, and no human effort can withstand the steady pressure of this great spiritual urge which is surging through the souls of men and women today.

The earth for all

Christ stood for the Divine rights and Justice for all, the Kingdom of God upon earth, and the elimination of any system or creed that stands in the way. It is spiritual knowledge, which will save the world. Love, service and creative work are the only means to accomplish this end. It is surely obvious to all who can think for themselves that the Earth was made for all to partake of the fruits thereof and not only for a few. It must be evident therefore that the systems we are working under today are totally inadequate and not in keeping with the Divine laws; this is true in spite of what support may be given to these systems by the few who benefit mostly by them.

The most extraordinary thing is that most people will accept without question, that which is obviously false and will disbelieve that which is actually true. Man takes the line of least resistance and trapped by the law of suggestion, he falls an easy prey to the subtle suggestion of false propaganda.

Man's true birthright

Courage and determination are necessary to put into operation the laws that will give back to man his true birthright, and only those with the knowledge of the truth and the purpose for which Christ stands, can fulfil this task. Man is created by the One and only God and given free will, not knowing his true purpose, has allowed his free will to lead him into darkness through selfishness, for are we not all expressions of the one life, and there is no separation except in man's mind and that is an illusion.

Peace, health, success and happiness depend upon our compliance with Divine Laws. Every day we see people virtually committing suicide through lack of real knowledge. The health of the people is being destroyed be-

cause our health principles are not based on true natural and spiritual laws; we are being deceived by the opinions of those who do not understand the true laws of life. Our minds are confused by the many creeds and dogmas claiming to have the truth yet acting in direct opposition to it.

Voice of the church

Man has lost the spiritual guidance of the voice of God that at one time led him. This guidance has been submerged by creeds, dogmas and the egos of those who profess to proclaim the truth. The voice of the Church has just become the voice of the people, a mere political organisation. No longer has the church the power to lead. The voice of God has been over-shadowed by the din of mammon—man is at a loss to understand all that is going on around him, when he sees his spiritual leaders allied to and supporting a system that thrives on wars, destruction, misery and death.

But man is gradually being awakened to the Truth of his own birthright and through this will come his freedom.

It is not only reconstruction that is required, but the elimination of all the confusion that exists about us. We will demand that our leaders be guided by straight thinking and we will insist upon the removal of all the abuses of the present heartless systems which have done nothing to relieve the distress and misery in the world today, but only intensify it.

Co-operation, tolerance, love and justice will enable all nations to live in harmony with each other and will operate to the full when the individual will recognise the oneness of life within all. Thus we will have a common ground upon which we can live and express our divine creative power.

True democracy

Indolence, inertia, greed and selfishness will all be eliminated for one is just as bad as the other; man

will learn to use his creative powers for the benefit of all, not merely for his own selfish ends.

The Fatherhood of God and the Brotherhood of man will be the foundation for the new order of the KINGDOM of GOD upon earth; some will say this is only an idea and will remain just an idea, but this is not an Idea, it is an actuality and is already established—Man can have this true democracy by acting according to the divine laws that now exist for man's perfect expression.

True happiness for one and all, can only come when we begin to act with the law. This is not a Philosophy, a creed, a dogma or a system; it is the natural expression of life—God in man giving true expression to himself. There is then no violation of the law but a complete atonement with it.

When mankind finds out the ever present Joy of Divine expression, he will discard all else and live in the Kingdom of God—Thy will be done on earth as it is in Heaven.

Where are we heading

By Dr. M. MacDONALD-BAYNE, Principal, College of Universal Science, London.

(The following extract is from Vol. 1-No.6 the May 1940 edition of monthly NZ Magazine "THE VOICE": of the Great White Brotherhood.)

Let us ask ourselves—Where are we heading? Communism, Fascism, Naziism, Democracy or what?

Can we build a new world on the rotten foundation of the old? This is the burning question, now that War and Destruction has cast its shadow over the earth again. It was said that the last war would make the world free for Democracy but ever since, we have been crushed by a burden of debt and taxation to a system that has enslaved us, and system, which thrives on debt and depression, can mean only one end that is, unemployment, starvation and misery. Are we about to repeat the same blunder with a greater burden of debt and misery? I hope not.

It is not that we have to make the world free for any form of Government but that all causes of war shall be removed and all the abuses of the systems under which the world is governed today shall be eliminated for all time. The fundamental principles necessary upon which to build a new order of things must be written into the Law of all Nations, so that it will be impossible for any ruler or government to deviate from the true path of righteous government of the people, for and by the people.

The Empire is now at war and our present task is clear—we must put on our armour and win through—no matter what the cost, yet never forgetting the fact that if we do not rid ourselves of the causes of war and the abuses of the systems in operation at present we will have

to fight wars again and again.

It is not that one nation shall dominate another or that one section shall rule another but that the world shall be free from Greed, Hate and Hypocrisy. It is our duty—firstly to eliminate all forms of aggression and those who seek to dominate nations or peoples in any form whatsoever; secondly, to free the world from the bondage of misery and insecurity brought about by the present system of usury added to the immoral issuance of debt money under which the nations are staggering and lastly, but by no means the least, to make known the Truth of Christ's Teachings, freed from the bonds of creed, dogma and orthodoxy which prevent establishing the true brotherhood of man based on "Love thy neighbour as thyself."

It should be the pledge of every soldier, man, woman and child to fight to a finish the great fight of true freedom, having definitely established in their minds the Ideals of Everlasting Peace and the principles underlying that Peace.

There is no use in crying for Peace, Peace, Peace, when there can be no peace where there is no foundation for a lasting peace. We see again today as before, the opposing forces praying to God for Victory over their enemies. Who is the enemy? Not the soldier killed in battle or the women and children destroyed by bombs but the sinister influences that work from behind and within, ejecting their poisonous venom upon their poor ignorant and unsuspecting prey.

Dictatorships are of two types, Left and Right, but when we examine them we will find they are identical. They are based upon the fallacy that the individual is of no consequence and the State is of

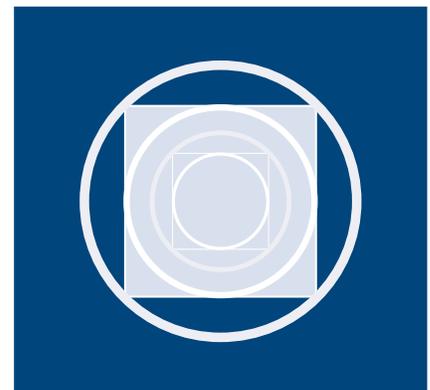
all importance. Without individuals the State is an absurdity. A Dictatorship State is the domination of the individuals under the iron heel of the few but there is one sure Force, always silently operating which makes it imperative that this form of Vicious Control must eventually crumble and that Force is "Natural Law"—no human force can withstand its steady pressure.

No form of government can be lasting unless it is based on Brotherly Love and true justice for all. Individuals and groups of individuals can live comfortably in complete absence of a State as History has proved. All the useful and necessary work of the world is performed by individuals and not by the State. The State should be, or is, but a Social Department intended to serve and protect mankind, whereas Dictators reverse the natural order and impose upon their victims a tyranny called the State, which has enslaved, coerced and tortured them.

Minds ironed and starched

Dictators have reduced men to labour units, each individual numbered and docketed to some Government Department, they are told what to do, what to wear and when to cheer.

...Continued overleaf



Where are we heading Continued

Independent thinking, free thought and speech are suppressed by the Public Executioners or the Firing Squad.

The moulding of the mind of the masses is elaborately arranged through the Press and Radio and the system of education along these lines is very efficient. A 24-hour day service of spying is kept up by the Secret Police and anyone who is overheard thinking aloud to himself, or to others, repents at leisure behind prison bars or in his grave.

Life is of little value under Dictatorships, yet Life is the all-important thing. To make Life worth living is our great task. Those in responsible positions should take stock of themselves and do some real thinking, to analyse the Causes, not the Effects. The Effects we are witnessing today are but the Causes of yesterday and no matter how we treat these Effects it will not relieve our troubles. We must eliminate the Causes or we will suffer again and again. This does not apply to World conditions only but also to ourselves; in our country, in our internal economy, in our government and all organisations, in our bodies and in our minds. It is like a person with a poisoned bloodstream which is affecting the organs; firstly the poison attacks one organ—that organ is promptly removed because it is diseased—then the poison attacks another organ and so one organ after another is removed until the person is made incurable, yet suffers untold agony through operation after operation, weakening and further weakening

the whole system, and increasing the burden of the remaining organs.

If, in the first place the blood stream were purified the organs would become healthy and so would the individual. Statistics show that mental diseases are in predominance, brought about by fear, worry and insecurity as a result of the present system under which we live. What is the use of treating these diseases unless you remove the cause?

It makes no difference how much time and energy we may use in treating the effects if the causes are still in operation. The effects will keep piling up more and more, year-by-year until eventually every person will be more or less affected and we ourselves will be caught in the vicious circle.

Eliminate causes

It is our duty to educate our less fortunate brothers about the real things of life and when the individual becomes aware of the true Spiritual State of things and what ought to be, then and not till then shall we live in peace and plenty, in harmony and love and the individual will see to it that his brother is both clothed and fed and abundantly supplied with all the necessities of life. This is our birthright.

We must plan the success of our aims; think the success of our aims. Why devote our attention to the effects and waste our energy? Let us devote our energy to the elimination of the causes. Let us face the direction of Success; we

generally go the way we face. If our conditions in the past have been severe let us turn our backs upon them but let them be our driving power, not our stumbling block. We must not bemoan the fact that our efforts up to the present have been destroyed. Let us devote our energy to constructive work, remembering that if we are weak, or in ill health we want release from weakness or ill health, we want health and strength. We not only want release from hunger and misery, we want security and happiness. We not only want release from war and strife, we want permanent peace based on Love and Justice.

We must be positive, reacting constructively to every event. Let the whole Empire of which we are a part speak with one voice, fearing no consequences or series of events that may arise. Our success is assured in all directions, knowing our goal and heading towards it, realising that everywhere, through us, within us and without us is the Great Divine Intelligence and that each of us is a centre of Consciousness in this Mighty Intelligence. The Great Universal Laws are in operation and when we put ourselves in tune with these Laws we will have the Victory over all conditions and with it Happiness, Peace and Plenty for a thousand years. These Universal Laws are all constructive, based upon Love, Wisdom and Justice, the whole being One and the One being part of the Whole.

We cannot rest until our work is accomplished.



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Sanctuary of the silent healing power

God IS and I AM - You ARE

The essential thing is this, God Is and I Am-You Are.

Through faith and belief we transcend our experiences and the experiences of others, and enter into the realm of Divine Action, where all is possible.

Divine Reason is better than sight – is better than hearing. The deaf, the dumb and the blind have the power to think and reason, and their thoughts are often finer than many who see and hear, because they are not so much affected through the senses. Divine Reason enables us to comprehend the Truth which cannot be seen or heard. Divine Reason is intuition and belongs to the highest realm of consciousness, it supersedes all the senses, here as in the higher spiritual states. It is God's instrument for making us aware of Himself in us.

The beauties beyond the physical senses are beyond comparison. If you cannot see them nor hear them, you can picture them in your mind. "Imaging"-imagination – is the instrument of the Soul. People have in their ignorance denounced imagination; but there is nothing finer than picturing the creative power in action, for imaging is responsible for the whole active Universe being in existence; yet "Truth" is beyond it.

There is nothing greater than Truth; nothing can destroy Truth; no philosophy, dogma nor creed can limit Truth. Perhaps through dogma, philosophy or creeds have you reached this stage, but they are only stepping stones – or perhaps they were limitations because you thought them the final word.

Perhaps you studied occultism and you thought this was the true law; and you thought that this was the only way to go. You perhaps studied Eastern Philosophy, Yoga, etc. They all have been stepping stones, but now we have the Truth. The Truth is Infinity, and there is nothing greater. There is nothing but Infinity; what man sees as evil is in his mind or in the mind of others. There is only one Consciousness, one intelligence, and that is all there is; all forms are created out of these "Three in one" and are expressions – all united, all in one, and one

in all. Therefore, who are you? Who am I? I am THAT I AM. I am the Consciousness, the Intelligence, the Substance. I am that I am. I cannot be anything else; it is impossible for me to be more or less. If I try to be, I am imaging, creating concepts in my mind; what I believe seems true to me, but it may be false. The Infinite Being is all there is, is present everywhere, is all Power there is, all intelligence there is, all Substance there is. Then I and the Father must be one – are one.

It is a self-evident truth; it speaks for itself and no one can deny it – but science is not sure.

Dogmatists quarrel over beliefs. Many have murdered each other because of them, and yet they do not know whether they are true or not. Why? Because it is phenomena they are dealing with and not reality. But with Truth you do not need to wonder, you know, because you are the Truth. Your divine reason proves it to you; although you do not know what it is, you know it is. By eliminating then from your minds the concepts that blind us, we are freed. Limited concepts are created by science, dogmas and creeds, etc, because they deal with phenomena, forms and expressions and not with the Real. We must see beyond form into Reality. We must be free of fixed ideas and concepts to receive that which is Truth. You cannot fill the vessel until you have emptied it; therefore you have to empty your mind before you can fill it full with Truth.

You do not need to worry about getting there by this rout or that route; you are already there but do not know it. No longer will you have to believe that which is false to receive the Truth. You are filled with the Truth when you know it. None can create the Truth. IT IS. Only false concepts we create.

The Truth is beyond our imagination, therefore what we have in our imagination is an idea – a sensation; the Truth is none of these. IT IS. You are the Truth. "I am the Truth" the Master said.

Into a profitable experience through the Truth of Being

If our knowledge is founded upon opinions of others we are liable to build our lives upon the shifting sands. We must be able to separate truth from error through the wisdom that is based upon true facts. We must not spend our time in mere affirmations of our oneness with God, we must establish the Divine Presence through our action, we must translate the Divine Nature into our daily living, by revealing the sick of their error, by adjusting the lives of those whose lives are barren and wasted into a profitable experience through the Truth of Being.

Which gives us the that real happiness we so much desire

We must realize that the transcendent Forces of the Spirit of the Cosmos - the Presence - is within each one of us and we will know that there is no privileged few. We are all progressively moving forward towards the inner realms of the Universe of which the outer is but a school for experience in which God is no respecter of persons. All human beings, no matter what station or position they hold, will eventually come to realize that Love and Service is the Law of the Cosmos underlying all creation which includes man, and that there is no separation between one and another and that the apparent separation in the mind of man is but an illusion which must be dissolved away through Love and Understanding. In this way only shall we find that real state of mind which leads to that freedom which gives us that real happiness we so much desire.

Serve continually with integrity and justice

When we realize that Love and Service are the two pillars of the temple of real success, health and happiness, we will not give service only when we want something in return as the ignorant person does, but with our new understanding which leads us into purity, we will serve continually with integrity and justice.

Strength, health and happiness

Generous thoughts are filled with strength and vitality while selfish thoughts contain the germ of dissolution. If we recognize the Presence as the Source of all things and adjust our consciousness to this Presence then through our united consciousness in the Presence will flow the supply not only to fulfill our own needs but we should seek also to fulfill the needs of others. Real success, health and happiness will come as we begin to help others. Love and Joy and Peace and Harmony with your fellow-men bring positive action that gives you strength, health and happiness.

Books available on the Sanctuary of the Silent Healing Power Website

Dr Mac was very specific about how his material was to be released.

His lectures, given in serial form, followed the ancient method of teaching or transmission of knowledge from master to disciple a method used by both Western and Eastern Mystical traditions.

The format was one of a spiral system, always returning to a subject or point, but each time revealing a bit more and advancing to another level in awareness.

Murdo stressed repetition of re-reading his books or lectures to his students. He stated, "The style adopted in these Lectures is intentional and the repetitions are deliberate. The double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the student is able to grasp the reality that is invisible and which is the basis of the visible.

When we understand the invisible we are more able to understand the visible..."I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the

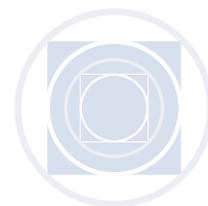
process as often as you can. The more often one reads, the more one begins to understand"

Collections of Dr. Mac's life work have been meticulously transcribed from his South African lectures and offer the reader a spiritual insight and working understanding of the Secrets of Universal Laws and Eternal Living

- **Divine Healing of Mind and Body**
- **Beyond the Himalayas**
- **Yoga of the Christ**
- **I am the Life**
- **Life Everlasting**
- **The Higher Power you can use**
- **What is Mine is Thine**
- **Heal Yourself**
- **Spiritual and Mental Healing**
- **Cosmic Consciousness**
- **Developing your Faith**
- **Your Life Renewed Everyday**

The power of the Father is within, and all is well.

Peace be with you during this year of 2009



Sanctuary of the Silent Healing Powers' website introduces readers to Dr Mac's life work and teachings, and offers an extensive online library order facility and quarterly newsletter

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